

# PREPPER SUPPLY CHECKLIST

## Water

- Fill every empty container in your house.
- 1-gallon jugs at the grocery store of water
- Travel water filter.
- Large water containers to fill
- Gravity fed water filter
- Manual pump for your well

## Sanitation

- Baby wipes
- Hand sanitizer
- Bleach wipes
- Disposables: paper towels, napkins, and paper plates
- Kitty litter

## Food

- See what you already have that doesn't require refrigeration or cooking.
- Rocket stove or other cooking method
- Heat and eat canned goods: soup, chicken, tuna, veggies, and fruit
- Emergency food buckets

## Light

- Garden stake solar lights
- Long-burning candles and tealights
- Matches or lighters
- Flashlights and batteries
- Headlamps

## Heat

- If you have a fireplace or woodstove, be sure you have plenty of firewood.
- Set up one room that you can stay in if the power goes out. The room should have a door and you should be able to hang blankets at the window to insulate it.
- Mr. Buddy propane heater and propane
- Battery-operated carbon monoxide alarm.

## First Aid

- Wound care items like bandages, antibiotic ointments, tourniquets, and sprays.
- OTC medications: pain relief capsules, cold medicine, cough syrup, anti-nausea pills, and allergy medication.
- Keep a first aid manual on hand.

## Special Needs

This is something that will be unique to every family. Here are a few ideas to get your wheels turning.

Prescription medications  
Diapers and baby supplies  
Comfort items  
Special foods for picky eaters  
Pet foods and supplies  
Entertainment